

Health History Form

The information request below will assist us in treating you safely. Feel free to ask any questions about the information being requested. Please note that all information provided below will be kept confidentially unless allowed or required by law. Your written permission will be required to release any information.

Name: _____ Phone # _____
 Address: _____
 Occupation: _____ Date of Birth: _____
 Have you received massage therapy before? Yes No
 Did a health care practitioner refer you for massage therapy? Yes No
 If yes, please provide their name and address. _____

Please indicate conditions you are experiencing or have experienced:

<p><u>Cardiovascular</u></p> <p><input type="checkbox"/> high blood pressure</p> <p><input type="checkbox"/> low blood pressure</p> <p><input type="checkbox"/> chronic congestive heart failure</p> <p><input type="checkbox"/> heart attack</p> <p><input type="checkbox"/> phlebitis / varicose veins</p> <p><input type="checkbox"/> stroke/CVA</p> <p><input type="checkbox"/> pacemaker or similar device</p> <p><input type="checkbox"/> heart disease</p> <p>is there a family history of any of the above? 1 Yes 1 No</p> <p><u>Respiratory</u></p> <p><input type="checkbox"/> chronic cough</p> <p><input type="checkbox"/> shortness of breath</p> <p><input type="checkbox"/> bronchitis</p> <p><input type="checkbox"/> asthma</p> <p><input type="checkbox"/> emphysema</p> <p>is there a family history of any of the above? 1 Yes 1 No</p>	<p><u>Infections</u></p> <p><input type="checkbox"/> hepatitis</p> <p><input type="checkbox"/> skin conditions</p> <p><input type="checkbox"/> TB</p> <p><input type="checkbox"/> HIV</p> <p>1 herpes</p> <p><u>Other Conditions</u></p> <p><input type="checkbox"/> loss of sensation, where? _____</p> <p><input type="checkbox"/> diabetes, onset: _____</p> <p><input type="checkbox"/> allergies/hypersensitivity to what? _____</p> <p>type of reaction: _____</p> <p><input type="checkbox"/> epilepsy</p> <p><input type="checkbox"/> cancer, where? _____</p> <p>1 skin conditions, what? _____</p> <p><input type="checkbox"/> arthritis</p> <p>is there a family history of arthritis? 1 Yes 1 No</p>	<p><u>Head/Neck</u></p> <p>1 history of headaches</p> <p>1 history of migraines</p> <p><input type="checkbox"/> vision problems</p> <p><input type="checkbox"/> vision loss</p> <p><input type="checkbox"/> ear problems</p> <p><input type="checkbox"/> hearing loss</p> <p><u>Women</u></p> <p><input type="checkbox"/> pregnant, due: _____</p> <p>1 gynaecological conditions, what? _____</p> <p>Overall, how is your general health? _____</p> <p>Primary Care Physician: _____</p> <p>Address: _____</p>
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<p>Current Medications: _____</p> <p>condition it treats: _____</p> <p>Are you currently receiving treatment from another health care professional? 1 Yes 1 No</p> <p>If yes, for what? _____</p> <p>Surgery – date _____</p> <p>nature: _____</p> <p>Injury – date _____</p> <p>nature: _____</p>	<p>Do you have any other medical conditions? (e.g. digestive conditions, haemophilia, osteoporosis, mental illness) 1 Yes 1 No</p> <p>what? _____</p> <p>Do you have any internal pins, wires, artificial joints or special equipment? 1 Yes 1 No</p> <p>what? _____</p> <p>where? _____</p> <p>What is the reason you are seeking massage therapy? Please include the location of any tissue or joint discomfort.</p> <p>_____</p> <p>_____</p>
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Notes:

<p>Date of initial Health History: _____</p> <p>Update 1 _____</p> <p>Update 2 _____</p> <p>Update 3 _____</p> <p>Update 4 _____</p>
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